

ACADEMIC ADVISING

Partnering with students to successfully navigate college

Location: Main Hall 208

Phone: 719.255.3260

Website: www.uccs.edu/advising

Connect With Your Advisor

Current UCCS Students

- Appointments: www.uccs.edu/advising/current-students

- Drop In Advising: Most Wednesdays, 1:00pm - 4:00pm

Prospective Students: www.uccs.edu/admissions/contact

GENERAL ACADEMIC INFORMATION

Minimum Minor Requirements

- 18 credit hours
- 9 upper-division credit hours (3000-4999 level)
- 2.0 Minor GPA
- Residency: Last 9 credit hours of the minor must be completed while registered at UCCS

NOTE: Speak with an academic advisor to declare a minor.

Student Responsibilities

Students are required to know and follow:

- All academic policies set forth by the University, College, and academic department in the UCCS Catalog: catalog.uccs.edu
- All course prerequisites designated by the University. Failure to meet course pre-requisites may result in an administrative drop of the course from a student's schedule: see degree audit for list of course prerequisites within academic minor.

MINOR REQUIREMENTS

Explore Health and Wellness Promotion: [Health & Wellness Promotion Minor Option | Helen and Arthur E. Johnson Beth-El \(uccs.edu\)](#)

Minor Requirements			
Health and Wellness Promotion Minor (18 credit hours)	Course/Area	Course Title	Credit Hours
All classes must be completed with a grade of C- or better. Note: See the degree audit for information on prerequisite courses. Note: Only 2 hours of HSCI 4620 may be used toward the minor. HSCI 4621 must be taken as a prerequisite for HSCI 4620 if the internship is chosen as an elective.		Choose 6 courses from the list below for a total of 18 hours.	
	HSCI 1020	Personal Fitness and Wellness	3
	HSCI 2010	Intro to Health Science Professions	3
	HSCI 3120	Corporate Wellness	3
	HSCI 3201	Health Behavior Change	3
	HSCI 3251	Measuring Human Health Behaviors <i>(fall only)</i>	3
	HSCI 3310	Applied Sport and Exercise Psychology <i>(spring only)</i>	3
	HSCI 3520	Health Communication	3
	HSCI 3630	Culture and Health	3
	HSCI 4320	Community Health <i>(spring only)</i>	3
	HSCI 4580	Physical Activity and Public Health <i>(spring only)</i>	3
	HSCI 4590	Concepts of Health and Disease	3
	HSCI 4620/4621	Internship in Health Sciences/ Internship Orientation	3
	HSCI 4640	Program Planning <i>(fall only)</i>	3
	HSCI 4650	Health Coaching	3
	HSCI 4670	Health Assessment	3
	HSCI 4760	Adapted Physical Activity, Recreation, and Sport <i>(fall only)</i>	3
HSCI 4840	Program Evaluation <i>(spring only)</i>	3	
		Total	18