

ACADEMIC ADVISING

Partnering with students to successfully navigate college

Location: Main Hall 208

Phone: 719.255.3260

Website: www.uccs.edu/advising

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Current UCCS Students

- Appointments: www.uccs.edu/advising/current-students
- Drop In Advising: Most Wednesdays, 1:00pm - 4:00pm

Prospective Students: www.uccs.edu/admissions/contact

GENERAL ACADEMIC INFORMATION

Minimum Graduation Requirements

- 120 credit hours
- 45 upper-division credit hours (3000-4999 level)
- 2.0 CU cumulative GPA
- Residency: 30 credit hours of degree must be completed while registered in the Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences

Student Responsibilities

Students are required to know and follow:

- All academic policies set forth by the University, College, and academic department in the UCCS Catalog: catalog.uccs.edu
- All course prerequisites designated by the University. Failure to meet course prerequisites may result in an administrative drop of the course from a student's schedule. See degree audit for course prerequisites within the academic major.

DEGREE REQUIREMENTS

Explore Health and Wellness Promotion: [Bachelor of Science in Health Care Science - Health & Wellness Promotion Option | Helen and Arthur E. Johnson Beth-El \(uccs.edu\)](http://www.uccs.edu/bachelor-of-science-in-health-care-science-health-wellness-promotion-option)

Major Requirements				
Health and Wellness Promotion Courses (60 credit hours)	Course Number	Course Title	Credit Hours	
Note: Course prerequisites are listed in parentheses after the course title.	HPNU 1010	Human Biology	3	
	HPNU 3100	Statistics and Research Methods <i>(junior standing or higher)</i>	3	
	HSCI 1020	Personal Fitness and Wellness	3	
	HSCI 2010	Intro to Health Science Professions	3	
	HSCI 3201	Health Behavior Change <i>(sophomore standing or higher)</i>	3	
	HSCI 3520	Health Communication <i>(HSCI 3201)</i>	3	
	HSCI 3630	Culture and Health <i>(sophomore standing or higher)</i>	3	
	HSCI 4320	Community Health <i>(HSCI 3201)</i>	3	
	HSCI 4590	Concepts of Health and Disease	3	
	HSCI 4620	Internship in Health Sciences <i>(junior standing or higher, HSCI 3520, HSCI 4621)</i>	5	
	HSCI 4621	Health & Wellness Promotion Internship Orientation <i>(senior standing recommended, junior standing required, HSCI 3520)</i>	1	
	HSCI 4640	Program Planning <i>(senior standing, HSCI 3201)</i>	3	
	HSCI 4650	Health Coaching <i>(HSCI 3201)</i>	3	
	HSCI 4670	Health Assessment <i>(HPNU 1010)</i>	3	
	HSCI 4840	Program Evaluation – Capstone <i>(HPNU 3100, HSCI 3201, HSCI 4640)</i>	3	
	Health and Wellness Electives	Complete 15 credit hours from the following courses: HSCI 2470, 3120, 3310, 3251, 4580, 4760, 9400, HPNU 2050, 3280, GRNT 3000, IECB 1010, SWRK 3268		15

General Education and Elective Requirements		
Core Writing Requirement (6 hours)	<ul style="list-style-type: none"> ENGL 1310, 1308, or 1305 (<i>Students choosing ENGL 1305 must complete ENGL 1300 first.</i>) ENGL 1410 PORT 3000 (0 Credits) – Writing Portfolio 	
Mathematics (4 hours)	MATH 1040	
Compass Curriculum (12 hours) <ul style="list-style-type: none"> Explore and Navigate courses must be outside major requirements. Writing Intensive, Inclusiveness, and Sustainability courses can count towards other requirements within degree. 	Component	Course
	Gateway	GPS 1010
	Explore – Arts, Humanities and Cultures	See Degree Audit
	Explore – Society, Behavior and Health	PSY 1000 or SOC 1110
	Explore – Physical and Natural World	See Degree Audit
	Navigate	HSCI 3630 (included in major requirements)
	Summit	HSCI 4840 (included in major requirements)
	Writing Intensive Courses (WIC) <i>Two courses with one upper-division (3000+ level)</i>	<ul style="list-style-type: none"> HSCI 4590 (included in major requirements) HSCI 3630 (included in major requirements)
Inclusiveness	HSCI 3630 (included in major requirements)	
Sustainability	See Degree Audit	
General Electives (38 hours)	Complete additional courses to meet total and upper-division requirements for your degree program.	

FOUR-YEAR DEGREE PLAN

Please note that this is an *example* degree program and your program may vary. **Students are responsible for completing all course prerequisites.**

Year One	✓	FALL	Hours	✓	SPRING	Hours
			GPS 1010	3		ENGL 1410
		ENGL 1310	3		HSCI 2010	3
		HSCI 1020	3		MATH 1040	4
		Explore – Physical & Natural World Course	3		PSY 1000 or SOC 1110	3
		General Elective	3		Explore – Arts, Humanities & Cultures Course	3
		TOTAL	15		TOTAL	16

Year Two	✓	FALL	Hours	✓	SPRING	Hours
			HSCI 3201	3		HPNU 1010
		HSCI 3630	3		HSCI 3520	3
		General Elective	3		General Elective	3
		General Elective	3		General Elective	3
		General Elective	3		General Elective	3
		TOTAL	15		TOTAL	15

Year Three	✓	FALL	Hours	✓	SPRING	Hours
			HWP Elective	3		HPNU 3100
		HWP Elective	3		HSCI 4320 (<i>spring only</i>)	3
		Sustainability Course	3		HSCI 4590	3
		General Elective	3		HSCI 4621	1
		General Elective	3		General Elective	3
					General Elective	2
		TOTAL	15		TOTAL	15

Year Four	✓	FALL	Hours	✓	SPRING	Hours
			HSCI 4620	3		HSCI 4620
		HSCI 4640 (<i>fall only</i>)	3		HSCI 4670	3
		HSCI 4650	3		HSCI 4840 (<i>spring only</i>)	3
		HWP Elective	3		HWP Elective	3
		General Elective	3		HWP Elective	3
		TOTAL	15		TOTAL	14