

ACADEMIC ADVISING

Partnering with students to successfully navigate college

Location: Main Hall 208

Phone: 719.255.3260

Website: www.uccs.edu/advising

Connect With Your Advisor

Current UCCS Students

- Appointments: www.uccs.edu/advising/current-students

- Drop In Advising: Most Wednesdays, 1:00pm - 4:00pm

Prospective Students: www.uccs.edu/admissions/contact

GENERAL ACADEMIC INFORMATION

Minimum Graduation Requirements

- 120 credit hours
- 45 upper-division credit hours (3000-4999 level)
- 2.0 CU cumulative GPA
- Residency: 30 credit hours of degree must be completed while registered in the Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences

Student Responsibilities

Students are required to know and follow:

- All academic policies set forth by the University, College, and academic department in the UCCS Catalog: catalog.uccs.edu
- All course prerequisites designated by the University. Failure to meet course prerequisites may result in an administrative drop of the course from a student's schedule. See degree audit for course prerequisites within the academic major.

DEGREE REQUIREMENTS

Explore Exercise Science: [Bachelor of Science in Exercise Science | Helen and Arthur E. Johnson Beth-El \(uccs.edu\)](http://Bachelor of Science in Exercise Science | Helen and Arthur E. Johnson Beth-El (uccs.edu))

Major Requirements			
Exercise Science Requirements (36 hours)	Course Number	Course Title	Credit Hours
All courses must have a grade of "C-" or better.	HPNU 2050	Nutrition for Health Professionals	3
	HPNU 3050	Human Anatomy	4
	HPNU 3060	Human Physiology	4
	HPNU 3100	Statistics & Research Methods	3
	HPNU 3300	Exercise Physiology	3
	HPNU 4550	Biomechanics/Kinesiology	3
	HPNU 4900	Senior Seminar	1
	Upper-Division HPNU Electives	Complete an additional 15 credit hours of upper-division HPNU electives (must carry the HPNU prefix <u>and</u> be listed at the 3000-level, or higher).	15
Auxiliary Requirements (31 hours)	BIOL 1300/1310	General Biology: Organismic Biology and Lab	4
	BIOL 1350/1360	General Biology: Introduction to the Cell and Lab	4
	CHEM 1401/1402	General Chemistry I and Lab	5
	CHEM 1411/1412	General Chemistry II and Lab	5
	PES 1010/1150	Physics for Life Science I and Lab	5
	PES 1020/2150	Physics for Life Science II and Lab	5
	MATH 1060	Trigonometry	3

General Education and Elective Requirements		
Core Writing Requirement (6 hours)	<ul style="list-style-type: none"> • ENGL 1310, 1308, or 1305 (<i>Students choosing ENGL 1305 must complete ENGL 1300 first.</i>) • ENGL 1410 or TCID 2090 • PORT 3000 (0 Credits) – Writing Portfolio 	
Compass Curriculum (12 hours)	Component	Course
	Gateway	GPS 1010
	Explore – Arts, Humanities and Cultures	See Degree Audit
	Explore – Society, Behavior and Health	See Degree Audit
	Explore – Physical and Natural World	CHEM 1401/1402 (included in auxiliary requirements)
	Navigate	See Degree Audit
	Summit	HPNU 4900 (included in major requirements)
	Writing Intensive Courses (WIC) <i>Two courses with one upper-division (3000+ level)</i>	See Degree Audit
Inclusiveness	See Degree Audit	
Sustainability	See Degree Audit	
General Electives (35 hours)	Complete additional courses to meet total and upper-division requirements for your degree program.	

FOUR-YEAR DEGREE PLAN

Please note that this is an *example* degree program and your program may vary. **Students are responsible for completing all course prerequisites.**

Year One	✓	FALL	Hours	✓	SPRING	Hours
			ENGL 1310	3		ENGL 1410 or TCID 2090
		BIOL 1300/1310	4		BIOL 1350/1360	4
		GPS 1010	3		CHEM 1411/1412	5
		CHEM 1401/1402	5		General Elective	3
		TOTAL	15		TOTAL	15

Year Two	✓	FALL	Hours	✓	SPRING	Hours
			HPNU 2050	3		HPNU 3060
		HPNU 3050	4		Explore – Society, Behavior & Health Course	3
		MATH 1060	3		General Elective (<i>WIC</i>)	3
		PES 1010/1150	5		PES 1020/2150	5
		TOTAL	15		TOTAL	15

Year Three	✓	FALL	Hours	✓	SPRING	Hours
			HPNU 3300	3		HPNU 4550
		HPNU 3100	3		UD HPNU Elective	3
		Explore – Arts, Humanities & Cultures Course	3		UD HPNU Elective	3
		Upper-Division (UD) HPNU Elective	3		General Elective (<i>Inclusiveness</i>)	3
		General Elective (<i>Sustainability</i>)	3		General Elective	3
		TOTAL	15		TOTAL	15

Year Four	✓	FALL	Hours	✓	SPRING	Hours
			UD HPNU Elective	3		HPNU 4900
		General Elective (<i>UD WIC</i>)	3		UD HPNU Elective	3
		General Elective	3		General Elective	4
		General Elective	3		General Elective	4
		General Elective	3		General Elective	3
		TOTAL	15		TOTAL	15