

ACADEMIC ADVISING

Partnering with students to successfully navigate college

Location: Main Hall 208

Phone: 719.255.3260

Website: [Academic Advising](http://www.uccs.edu/academic-advising)

Connect With Your Advisor

Current UCCS Students

- Appointments: www.uccs.edu/advising/current-students

Prospective Students: www.uccs.edu/admissions/contact

GENERAL ACADEMIC INFORMATION

Minimum Minor Requirements

- 18 credit hours
- 9 upper-division credit hours (3000-4999 level)
- 2.0 Minor GPA
- Residency: Last 9 credit hours of the minor must be completed while registered at UCCS

NOTE: Speak with an academic advisor to declare a minor.

Student Responsibilities

Students are required to know and follow:

- All academic policies set forth by the University, College, and academic department in the UCCS Catalog: catalog.uccs.edu
- All course prerequisites designated by the University. Failure to meet course pre-requisites may result in an administrative drop of the course from a student's schedule: see degree audit for list of course prerequisites within academic minor.

MINOR REQUIREMENTS

Explore Health and Wellness Promotion: [Health & Wellness Promotion Minor Option | Helen and Arthur E. Johnson Beth-El \(uccs.edu\)](http://www.uccs.edu/health-wellness-promotion-minor-option)

Minor Requirements			
Health and Wellness Promotion Minor (18 credit hours)	Course/Area	Course Title	Credit Hours
<p>All classes must be completed with a grade of C- or better.</p> <p>Note 1: Students are responsible for completing all course prerequisites. Prerequisites may be viewed in the course links in the degree audit or the Academic Catalog.</p> <p>Note 2: Only 3 hours of HSCI 4620 may be used toward the minor.</p> <p>*These courses require a minimum of HSCI 3201 as a prerequisite. Sophomore standing is required to enroll for HSCI 3201.</p>	Choose 6 courses from the list below for a total of 18 hours.		
	HSCI 1020	Personal Fitness and Wellness	3
	HSCI 2010	Intro to Health Science Professions	3
	HSCI 3120	Corporate Wellness	3
	HSCI 3201	Health Behavior Change	3
	HSCI 3251	Measuring Human Health Behaviors <i>(odd years, fall only)</i>	3
	HSCI 3310	Applied Sport and Exercise Psychology <i>(spring only)</i>	3
	HSCI 3520*	Health Communication	3
	HSCI 3630	Culture and Health	3
	HSCI 4320*	Community Health <i>(spring only)</i>	3
	HSCI 4580	Physical Activity and Public Health <i>(spring only)</i>	3
	HSCI 4590	Concepts of Health and Disease	3
	HSCI 4620	Internship in Health Sciences	3
	HSCI 4640*	Program Planning <i>(fall only)</i>	3
	HSCI 4650*	Health Coaching <i>(fall: online asynchronous NOT for certification)</i> <i>(spring: in-person/synchronous CERTIFICATION option)</i>	3
	HSCI 4670	Health Assessment	3
HSCI 4760	Adapted Physical Activity, Recreation, and Sport <i>(even years, fall only)</i>	3	
HSCI 4840*	Program Evaluation <i>(spring only)</i>	3	
		Total	18