

### ACADEMIC ADVISING

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Location: Main Hall 208

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### GENERAL ACADEMIC INFORMATION

#### Minimum Graduation Requirements

- 120 credit hours
- 45 upper-division credit hours (3000-4999 level)
- 2.0 CU cumulative GPA
- Residency: 30 credit hours of degree must be completed while registered in the Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences

#### Student Responsibilities

Students are required to know and follow:

- All academic policies set forth by the University, College, and academic department in the UCCS Catalog: [catalog.uccs.edu](https://catalog.uccs.edu)
- All course prerequisites designated by the University. Failure to meet course prerequisites may result in an administrative drop of the course from a student's schedule. See degree audit for course prerequisites within the academic major.

### DEGREE REQUIREMENTS

Explore Human Physiology and Nutrition: [Human Physiology and Nutrition Programs | Helen and Arthur E. Johnson Beth-El \(uccs.edu\)](https://www.uccs.edu/human-physiology-and-nutrition-programs)

Major Requirements			
Human Physiology & Nutrition Major – Nutrition and Dietetics Option (38 hours)	Course/Area	Course Title	Credit Hours
<ul style="list-style-type: none"> <li>• Requires a minimum of 38 credit hours of HPNU course work.</li> <li>• Requires a minimum of 50 credit hours of auxiliary course work.</li> <li>• Requires a minimum of 29 credit hours of upper-division (3000+ level) HPNU course work.</li> <li>• All major and auxiliary courses must be completed with a "C-" or better.</li> </ul>	HPNU 2050	Nutrition for Health Professionals	3
	HPNU 2080	Professions in Health Care	3
	HPNU 2100	Statistics & Research Methods	3
	HPNU 3050	Human Anatomy w/Lab	4
	HPNU 3060	Human Physiology w/Lab	4
	HPNU 4080	Pathophysiology for Health Sciences	3
	HPNU 4430	Human Metabolism	3
	Summit Experience Course	Complete one of the following courses (1-4 credit hours; the hours will count toward the 15 credits of upper-division HPNU electives below). HPNU 4200, 4370, 4640, 4900, 4950, 4992	
	Upper-Division HPNU Electives	Complete a total of 15 credit hours of upper-division (3000+ level) HPNU electives (must carry the <b>HPNU</b> prefix). <ul style="list-style-type: none"> <li>• BIOL 3020 (Cell Biology) and BIOL 3830 (Genetics) may also be taken for this requirement.</li> </ul>	15
	<p><b>All upper division courses should be taken after General Biology and General Chemistry. FAILURE TO TAKE COURSES IN THE RECOMMENDED SEQUENCE WILL RESULT IN FUTURE SCHEDULING CONFLICTS.</b></p>	Auxiliary Requirements	
BIOL 1300/1310		General Biology: Organismic Biology and Lab	4
BIOL 1350/1360		General Biology: Introduction to the Cell and Lab	4
BIOL 2030/2130		Microbiology and Lab	4
CHEM 1401/1402		General Chemistry I and Lab	5
CHEM 1411/1412		General Chemistry II and Lab	5
CHEM 3101/3102		Organic Chemistry I and Lab	4
CHEM 3111/3112		Organic Chemistry II and Lab	4
CHEM 4211		Biochemistry	3
MATH 1330		Calculus for Life Sciences	4
PSY 1000		General Psychology	3
Physics		Complete either the algebra- or calculus-based Physics sequence below. <ul style="list-style-type: none"> <li>• Algebra-Based Sequence: PES 1010, PES 1020, PES 1150, PES 2150 <b>or</b></li> <li>• Calculus-Based Sequence: PES 1110, PES 1120, PES 1160, PES 2160</li> </ul>	10

Suggested Electives			
<p>Starting in 2024, a master's degree will be required to become a Registered Dietitian Nutritionist (RDN). Elective courses should be selected to strengthen a student's application to graduate programs.</p>	The following HPNU courses will fulfill upper-division (3000+ level) HPNU electives required for the degree		
	HPNU 3130	The Gut Microbiome	3
	HPNU 4070	Herbal and Dietary Supplements	3
	HPNU 4090	Food, Culture, Community and Health	3
	HPNU 4075	UCCS Grain School	3
<p>Suggested general electives, and Upper-Division HPNU electives, are listed here.</p>	The following HSCI courses will fulfill upper-division general electives for the degree		
	HSCI 3201	Health Behavior Change	3
	HSCI 3630	Culture and Health	3
	HSCI 4650	Health Coaching	3

### General Education and Elective Requirements

<b>Core Writing Requirement</b> (6 hours)	<ul style="list-style-type: none"> <li>ENGL 1310, 1308, or 1305 (<i>Students choosing ENGL 1305 must complete ENGL 1300 first.</i>)</li> <li>ENGL 1410 or TCID 2090</li> <li>Writing Portfolio – PORT 3000 (0 credits) or PORT 4000 (1 credit) or alternative – See Degree Audit</li> </ul>	
<b>Compass Curriculum</b> (6 hours) <ul style="list-style-type: none"> <li>Explore and Navigate courses must be outside major and area requirements.</li> <li>Writing Intensive, Inclusiveness, and Sustainability courses can count towards other requirements within the degree.</li> </ul>	<b>Component</b>	<b>Course</b>
	<b>Gateway</b>	GPS 1010
	<b>Explore – Arts, Humanities and Cultures</b>	See Degree Audit
	<b>Explore – Society, Behavior and Health</b>	PSY 1000 (included in auxiliary requirements)
	<b>Explore – Physical and Natural World</b>	CHEM 1401 (included in auxiliary requirements)
	<b>Navigate</b>	See Degree Audit - HSCI 3630 highly recommended
	<b>Summit</b>	Summit Experience Course (included in major requirements)
	<b>Writing Intensive Courses (WIC)</b> <i>Two courses with one upper-division (3000+ level)</i>	See Degree Audit HSCI 3630 highly recommended
<b>Inclusiveness</b>	See Degree Audit - HSCI 3630 highly recommended	
<b>Sustainability</b>	See Degree Audit – HPNU highly recommended	
<b>General Electives</b> (20 hours)	Complete additional courses to meet total and upper-division requirements for your degree program. **The HSCI courses listed under Suggested Electives (above) will count towards general electives for the degree	

### FOUR-YEAR DEGREE PLAN

Please note that this is an *example* degree program and your program may vary. **Students are responsible for completing all course prerequisites.**

Year One	✓	FALL	Hours	✓	SPRING	Hours
			ENGL 1310	3		ENGL 1410 or TCID 2090
		BIOL 1300/1310	4		BIOL 1350/1360	4
		CHEM 1401/1402	5		CHEM 1411/1412	5
		GPS 1010	3		MATH 1330	4
		<b>TOTAL</b>	15		<b>TOTAL</b>	16

Year Two	✓	FALL	Hours	✓	SPRING	Hours
			CHEM 3101/3102	4		CHEM 3111/3112
		HPNU 2080	3		HPNU 2050	3
		HPNU 3050	4		HPNU 3060	4
		Explore – Arts, Humanities & Cultures Course	3		PSY 1000	3
		<b>TOTAL</b>	14		<b>TOTAL</b>	14

Year Three	✓	FALL	Hours	✓	SPRING	Hours
			PES 1010/1150 or PES 1110/1160	5		PES 1020/2150 or PES 1020/2160
		CHEM 4211	3		HPNU 4080	3
		HPNU 2100	3		Upper Division (UD) HPNU Elective - suggest HPNU 4070	3
		BIOL 2030/2130	4		UD HPNU Elective - suggest HPNU 4075	3
		General Elective – suggest HSCI 3630*	3		General Elective ( <i>Writing Intensive</i> )	3
		<b>TOTAL</b>	18		<b>TOTAL</b>	17

Year Four	✓	FALL	Hours	✓	SPRING	Hours
			HPNU 4430	3		Summit Experience Course
		UD HPNU Elective - suggest HPNU 3130	3		UD HPNU Elective(s)	2-5
		UD HPNU Elective - suggest HPNU 4090 ( <i>Sustainability</i> )	3		General Elective - suggest HSCI 4650	3
		General Elective - suggest HSCI 3201	3		General Elective	3
		General Elective	2			
		<b>TOTAL</b>	14		<b>TOTAL</b>	12

\*HSCI 3630 is highly recommended, and if taken, will also fulfill the Compass Curriculum categories of Navigate, Inclusiveness and upper-division Writing Intensive.