HEALTH CARE SCIENCE B.S.
Health & Wellness Promotion Option

UCCS | University of Colorado Colorado Springs

ACADEMIC ADVISING

Partnering with students to successfully navigate college
Location: Main Hall 208
Phone: 719.255.3260
Website: Academic Advising

Connect With Your Advisor
Current UCCS Students
- Appointments: www.uccs.edu/advising/current-students

Prospective Students: www.uccs.edu/admissions/contact

GENERAL ACADEMIC INFORMATION

Minimum Graduation Requirements
- 120 credit hours
- 45 upper-division credit hours (3000-4999 level)
- 2.0 CU cumulative GPA
- Residency: 30 credit hours of degree must be completed while registered in the Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences

Student Responsibilities
Students are required to know and follow:
- All academic policies set forth by the University, College, and academic department in the UCCS Catalog: catalog.uccs.edu
- All course prerequisites designated by the University. Failure to meet course prerequisites may result in an administrative drop of the course from a student's schedule. See degree audit for course prerequisites within the academic major.

DEGREE REQUIREMENTS

Explore Health and Wellness Promotion: Bachelor of Science in Health Care Science - Health & Wellness Promotion Option |Helen and Arthur E. Johnson Beth-El (uccs.edu)

Major Requirements			
Health and Wellness Promotion Required Courses (60 credit hours)	**Course Number**	**Course Title**	**Credit Hours**
Requires a minimum of 60 credit hours of HPNU and HSCI course work, and an additional minimum of 7 hours of auxiliary coursework. Requires a minimum of 33 credit hours of upper-division (3000+ level) HSCI course work. All courses taken for the major must have a grade of "C-" or better. **Note:** Students are responsible for completing all course prerequisites. Prerequisites may be viewed in the course links in the degree audit or the Academic Catalog. *These courses require a minimum of HSCI 3201 as a prerequisite. Sophomore standing is required to enroll for HSCI 3201.	HPNU 1010	Human Biology	3
	HPNU 2100	Statistics and Research Methods	3
	HSCI 1020	Personal Fitness and Wellness	3
	HSCI 2010	Intro to Health Science Professions	3
	HSCI 3201	Health Behavior Change	3
	HSCI 3520*	Health Communication	3
	HSCI 3630	Culture and Health	3
	HSCI 4320*	Community Health *(spring only)*	3
	HSCI 4590	Concepts of Health and Disease	3
	HSCI 4620*	Internship in Health Sciences	5
	HSCI 4621	Health & Wellness Promotion Internship Orientation	1
	HSCI 4640*	Program Planning *(fall only)*	3
	HSCI 4650*	*Health Coaching* *(fall: online asynchronous NOT for certification)* *(spring: in-person/synchronous CERTIFICATION option)*	3
	HSCI 4670	Health Assessment	3
	HSCI 4840*	Program Evaluation – Capstone *(spring only)*	3
	Health and Wellness Electives	*Complete 15 credit hours from the following courses:* HSCI 2470, 3120, 3251, 3310, 3312, 4440, 4580, 4760, 9400 HPNU 2050, 4070 GRNT 3000 IECE 1010 SOWK 3268	15
	Auxiliary Requirements		
	MATH 1040 or MATH 1030	College Algebra **or** College Algebra with Supplemental Instruction *(If 1030 is taken, the additional 2 credits will apply to general electives.)*	4-6
	PSY 1000 or SOC 1110	General Psychology **or** Introduction to Sociology *(If SOC 1110 is taken, the additional credit will apply to general electives.)*	3-4

HEALTH CARE SCIENCE B.S.
Health & Wellness Promotion Option

UCCS | University of Colorado Colorado Springs

General Education and Elective Requirements

Core Writing Requirement (6 hours)	• ENGL 1310, 1308, or 1305 *(Students choosing ENGL 1305 must complete ENGL 1300 first.)* • ENGL 1410 or TCID 2090 • Writing Portfolio – PORT 3000 (0 credits) **or** PORT 4000 (1 credit) **or** alternative – See Degree Audit

Compass Curriculum (12 hours)	**Component**	**Course**
• Explore and Navigate courses must be outside major requirements. • Writing Intensive, Inclusiveness, and Sustainability courses can count towards other requirements within degree.	Gateway	GPS 1010
	Explore – Arts, Humanities and Cultures	See Degree Audit
	Explore – Society, Behavior and Health	PSY 1000 or SOC 1110 (included in auxiliary requirements)
	Explore – Physical and Natural World	See Degree Audit
	Navigate	HSCI 3630 (included in major requirements)
	Summit	HSCI 4620 (included in major requirements)
	Writing Intensive Courses (WIC) *Two courses with one upper-division (3000+ level)*	• HSCI 4590 (included in major requirements) • HSCI 3630 (included in major requirements)
	Inclusiveness	HSCI 3630 (included in major requirements)
	Sustainability	See Degree Audit

General Electives (38 hours)	*Complete 38 credit hours of electives to meet total and upper-division requirements for this degree program.*

FOUR-YEAR DEGREE PLAN

Please note that this is an *example* degree program and your program may vary. **Students are responsible for completing all course prerequisites.**

Year One

√	FALL	Hours	√	SPRING	Hours
	GPS 1010	3		ENGL 1410 or TCID 2090	3
	ENGL 1310	3		HSCI 2010	3
	HSCI 1020	3		MATH 1040	4
	Explore – Physical & Natural World Course	3		PSY 1000 or SOC 1110	3
	General Elective	3		Explore – Arts, Humanities & Cultures Course	3
	TOTAL	15		**TOTAL**	16

Year Two

√	FALL	Hours	√	SPRING	Hours
	HPNU 1010	3		HPNU 2100	3
	HSCI 3201	3		HSCI 3630	3
	General Elective	3		HSCI 3520	3
	General Elective	3		General Elective	3
	General Elective	3		General Elective	3
	TOTAL	15		**TOTAL**	15

Year Three

√	FALL	Hours	√	SPRING	Hours
	HSCI 4670	3		HSCI 4320 *(spring only)*	3
	HWP Elective	3		HSCI 4590	3
	General Elective	3		HSCI 4621	1
	General Elective	3		HSCI 4650	3
	General Elective	3		General Elective	2
				Upper-Division (UD) General Elective	3
	TOTAL	15		**TOTAL**	15

Year Four

√	FALL	Hours	√	SPRING	Hours
	HSCI 4620	3		HSCI 4620	2
	HSCI 4640 *(fall only)*	3		HSCI 4840 *(spring only)*	3
	HWP Elective	3		UD HWP Elective	3
	UD General Elective	3		HWP Elective	3
	UD General Elective (*Sustainability*)	3		HWP Elective	3
	TOTAL	15		**TOTAL**	14