

HEALTH CARE SCIENCE B.S.

Health & Wellness Promotion Option



University of Colorado
Colorado Springs

ACADEMIC ADVISING

Partnering with students to successfully navigate college

Location: Main Hall 208

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Prospective Students: www.uccs.edu/admissions/contact

GENERAL ACADEMIC INFORMATION

Minimum Graduation Requirements

- 120 credit hours
- 45 upper-division credit hours (3000-4999 level)
- 2.0 CU cumulative GPA
- Residency: 30 credit hours of degree must be completed while registered in the Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences

Student Responsibilities

Students are required to know and follow:

- All academic policies set forth by the University, College, and academic department in the UCCS Catalog: catalog.uccs.edu
- All course prerequisites designated by the University. Failure to meet course prerequisites may result in an administrative drop of the course from a student's schedule. See degree audit for course prerequisites within the academic major.

DEGREE REQUIREMENTS

Explore Health and Wellness Promotion: [Bachelor of Science in Health Care Science - Health & Wellness Promotion Option | Helen and Arthur E. Johnson Beth-El \(uccs.edu\)](http://www.uccs.edu/bachelor-of-science-in-health-care-science-health-wellness-promotion-option)

Major Requirements			
Health and Wellness Promotion Required Courses (60 credit hours)	Course Number	Course Title	Credit Hours
<ul style="list-style-type: none"> • Requires a minimum of 60 credit hours of HPNU and HSCI course work, and an additional minimum of 7 hours of auxiliary coursework. • Requires a minimum of 33 credit hours of upper-division (3000+ level) HSCI course work. • All courses taken for the major must have a grade of "C-" or better. <p>Note: Students are responsible for completing all course prerequisites. Prerequisites may be viewed in the course links in the degree audit or the Academic Catalog.</p> <p>*These courses require a minimum of HSCI 3201 as a prerequisite. Sophomore standing is required to enroll for HSCI 3201.</p>	HPNU 1010	Human Biology	3
	HPNU 2100	Statistics and Research Methods	3
	HSCI 1020	Personal Fitness and Wellness	3
	HSCI 2010	Intro to Health Science Professions	3
	HSCI 3201	Health Behavior Change	3
	HSCI 3520*	Health Communication	3
	HSCI 3630	Culture and Health	3
	HSCI 4320*	Community Health (<i>spring only</i>)	3
	HSCI 4590	Concepts of Health and Disease	3
	HSCI 4620*	Internship in Health Sciences	5
	HSCI 4621	Health & Wellness Promotion Internship Orientation	1
	HSCI 4640*	Program Planning (<i>fall only</i>)	3
	HSCI 4650*	Health Coaching (<i>fall: online asynchronous NOT for certification</i>) (<i>spring: in-person/synchronous CERTIFICATION option</i>)	3
	HSCI 4670	Health Assessment	3
	HSCI 4840*	Program Evaluation – Capstone (<i>spring only</i>)	3
	Health and Wellness Electives	Complete 15 credit hours from the following courses: HSCI 2470, 3120, 3251, 3310, 3312, 4580, 4760, 9400 HPNU 2050, 4070 GRNT 3000 IECE 1010 SWRK 3268	15
	Auxiliary Requirements		
	MATH 1040 or MATH 1030	College Algebra or College Algebra with Supplemental Instruction (<i>If 1030 is taken, the additional 2 credits will apply to general electives.</i>)	4-6
	PSY 1000 or SOC 1110	General Psychology or Introduction to Sociology (<i>If SOC 1110 is taken, the additional credit will apply to general electives.</i>)	3-4

General Education and Elective Requirements

Core Writing Requirement (6 hours)	<ul style="list-style-type: none"> ENGL 1310, 1308, or 1305 (<i>Students choosing ENGL 1305 must complete ENGL 1300 first.</i>) ENGL 1410 or TCID 2090 Writing Portfolio – PORT 3000 (0 credits) or PORT 4000 (1 credit) or alternative – See Degree Audit 	
Compass Curriculum (12 hours) <ul style="list-style-type: none"> Explore and Navigate courses must be outside major requirements. Writing Intensive, Inclusiveness, and Sustainability courses can count towards other requirements within degree. 	Component	Course
	Gateway	GPS 1010
	Explore – Arts, Humanities and Cultures	See Degree Audit
	Explore – Society, Behavior and Health	PSY 1000 or SOC 1110 (included in auxiliary requirements)
	Explore – Physical and Natural World	See Degree Audit
	Navigate	HSCI 3630 (included in major requirements)
	Summit	HSCI 4620 (included in major requirements)
	Writing Intensive Courses (WIC) <i>Two courses with one upper-division (3000+ level)</i>	<ul style="list-style-type: none"> HSCI 4590 (included in major requirements) HSCI 3630 (included in major requirements)
General Electives (38 hours)	Inclusiveness	HSCI 3630 (included in major requirements)
	Sustainability	See Degree Audit
Complete 38 credit hours of electives to meet total and upper-division requirements for this degree program.		

FOUR-YEAR DEGREE PLAN

Please note that this is an *example* degree program and your program may vary. **Students are responsible for completing all course prerequisites.**

Year One	✓	FALL	Hours	✓	SPRING	Hours
		GPS 1010	3		ENGL 1410 or TCID 2090	3
		ENGL 1310	3		HSCI 2010	3
		HSCI 1020	3		MATH 1040	4
		Explore – Physical & Natural World Course	3		PSY 1000 or SOC 1110	3
		General Elective	3		Explore – Arts, Humanities & Cultures Course	3
		TOTAL	15		TOTAL	16

Year Two	✓	FALL	Hours	✓	SPRING	Hours
		HPNU 1010	3		HPNU 2100	3
		HSCI 3201	3		HSCI 3630	3
		General Elective	3		HSCI 3520	3
		General Elective	3		General Elective	3
		General Elective	3		General Elective	3
		TOTAL	15		TOTAL	15

Year Three	✓	FALL	Hours	✓	SPRING	Hours
		HSCI 4670	3		HSCI 4320 (<i>spring only</i>)	3
		HWP Elective	3		HSCI 4590	3
		General Elective	3		HSCI 4621	1
		General Elective	3		HSCI 4650	3
		General Elective	3		General Elective	2
					Upper-Division (UD) General Elective	3
		TOTAL	15		TOTAL	15

Year Four	✓	FALL	Hours	✓	SPRING	Hours
		HSCI 4620	3		HSCI 4620	2
		HSCI 4640 (<i>fall only</i>)	3		HSCI 4840 (<i>spring only</i>)	3
		HWP Elective	3		UD HWP Elective	3
		UD General Elective	3		HWP Elective	3
		UD General Elective (<i>Sustainability</i>)	3		HWP Elective	3
		TOTAL	15		TOTAL	14