

ACADEMIC ADVISING

Partnering with students to successfully navigate college

Location: Main Hall 208

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GENERAL ACADEMIC INFORMATION

Minimum Graduation Requirements

- 120 credit hours
- 45 upper-division credit hours (3000-4999 level)
- 2.0 CU cumulative GPA
- Residency: 30 credit hours of degree must be completed while registered in the Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences

Student Responsibilities

Students are required to know and follow:

- All academic policies set forth by the University, College, and academic department in the UCCS Catalog: catalog.uccs.edu
- All course prerequisites designated by the University. Failure to meet course prerequisites may result in an administrative drop of the course from a student's schedule. See degree audit for course prerequisites within the academic major.

DEGREE REQUIREMENTS

Explore Human Physiology and Nutrition: [Human Physiology and Nutrition Programs | Helen and Arthur E. Johnson Beth-El \(uccs.edu\)](https://www.uccs.edu/human-physiology-and-nutrition-programs)

Major Requirements			
Human Physiology & Nutrition Major – Nutrition and Dietetics Option (39 hours)	Course/Area	Course Title	Credit Hours
	HPNU 2050	Nutrition for Health Professionals	3
<ul style="list-style-type: none"> • Requires a minimum of 39 credit hours of HPNU course work. • Requires a minimum of 50 credit hours of auxiliary course work. • Requires a minimum of 33 credit hours of upper-division (3000+ level) course work. • All major courses require a "C-" or better 	HPNU 2080	Professions in Health Care	3
	HPNU 2100	Statistics & Research Methods	3
	HPNU 3050	Human Anatomy w/Lab	4
	HPNU 3060	Human Physiology w/Lab	4
	HPNU 4080	Pathophysiology for Health Sciences	3
	HPNU 4430	Human Metabolism	3
	HPNU 4900	Senior Seminar	1
	Upper-Division HPNU Electives*	Complete an additional 15 credit hours of upper-division HPNU electives (must carry the HPNU prefix and be listed at the 3000-level or higher).	15
	Auxiliary Requirements		
	BIOL 1300/1310	General Biology: Organismic Biology and Lab	4
<p>All upper division courses should be taken after General Biology and General Chemistry. FAILURE TO TAKE COURSES IN THE RECOMMENDED SEQUENCE WILL RESULT IN FUTURE SCHEDULING CONFLICTS.</p>	BIOL 1350/1360	General Biology: Introduction to the Cell and Lab	4
	BIOL 2030/2130	Microbiology and Lab	4
	CHEM 1401/1402	General Chemistry I and Lab	5
	CHEM 1411/1412	General Chemistry II and Lab	5
	CHEM 3101/3102	Organic Chemistry I and Lab	4
	CHEM 3111/3112	Organic Chemistry II and Lab	4
	CHEM 4211	Biochemistry	3
	MATH 1330	Calculus for Life Sciences	4
	PSY 1000	General Psychology	3
	Physics	Complete either the algebra- or calculus-based Physics sequence below. • Algebra-Based Sequence: PES 1010, PES 1020, PES 1150, PES 2150 or • Calculus-Based Sequence: PES 1110, PES 1120, PES 1160, PES 2160	10

Suggested Electives			
<p>Starting in 2024, a master's degree will be required to become a Registered Dietitian Nutritionist (RDN). Elective courses should be selected to strengthen a student's application to graduate programs.</p> <p>Suggested general electives, and Upper-Division HPNU electives, are listed here.</p>	The following HPNU courses will fulfill upper-division (3000+ level) HPNU electives required for the degree		
	HPNU 3130	The Gut Microbiome	3
	HPNU 4070	Herbal and Dietary Supplements	3
	HPNU 4090	Food, Culture, Community and Health	3
	HPNU 4000/5000	Special Topics: Grain School Online	3
	The following HSCI courses will fulfill upper-division general electives for the degree		
	HSCI 3201	Health Behavior Change	3
	HSCI 3630	Culture and Health	3
	HSCI 4650	Health Coaching	3

General Education and Elective Requirements

Core Writing Requirement (6 hours)	<ul style="list-style-type: none"> ENGL 1310, 1308, or 1305 (<i>Students choosing ENGL 1305 must complete ENGL 1300 first.</i>) ENGL 1410 or TCID 2090 Writing Portfolio – PORT 3000 (0 credits) or PORT 4000 (1 credit) or alternative – See Degree Audit 	
Compass Curriculum (6 hours) <ul style="list-style-type: none"> Explore and Navigate courses must be outside major and area requirements. Writing Intensive, Inclusiveness, and Sustainability courses can count towards other requirements within the degree. 	Component	Course
	Gateway	GPS 1010
	Explore – Arts, Humanities and Cultures	See Degree Audit
	Explore – Society, Behavior and Health	PSY 1000 (included in auxiliary requirements)
	Explore – Physical and Natural World	CHEM 1401 (included in auxiliary requirements)
	Navigate	See Degree Audit
	Summit	HPNU 4900 (included in major requirements)
	Writing Intensive Courses (WIC) <i>Two courses with one upper-division (3000+ level)</i>	See Degree Audit
	Inclusiveness	See Degree Audit
	Sustainability	See Degree Audit
General Electives (19 hours)	Complete additional courses to meet total and upper-division requirements for your degree program. **The HSCI courses listed under Suggested Electives (above) will help fulfill general electives for the degree	

FOUR-YEAR DEGREE PLAN

Please note that this is an *example* degree program and your program may vary. **Students are responsible for completing all course prerequisites.**

Year One	✓	FALL	Hours	✓	SPRING	Hours
		ENGL 1310	3		ENGL 1410 or TCID 2090	3
		BIOL 1300/1310	4		BIOL 1350/1360	4
		CHEM 1401/1402	5		CHEM 1411/1412	5
		GPS 1010	3		MATH 1330	4
		TOTAL	15		TOTAL	16

Year Two	✓	FALL	Hours	✓	SPRING	Hours
		CHEM 3101/3102	4		CHEM 3111/3112	4
		HPNU 2080			HPNU 2050	3
		HPNU 3050	4		HPNU 3060	4
		Explore – Arts, Humanities & Cultures Course	3		PSY 1000	3
		TOTAL	14		TOTAL	14

Year Three	✓	FALL	Hours	✓	SPRING	Hours
		PES 1010/1150 or PES 1110/1160	5		PES 1020/2150 or PES 1020/2160	5
		CHEM 4211	3		HPNU 4080	3
		HPNU 2100	3		UD HPNU Elective	3
		BIOL 2030/2130	4		General Elective - suggested HSCI 3630	3
		UD HPNU Elective - suggested HPNU 4070	3		General Elective (<i>Navigate/Inclusiveness/Writing Intensive</i>)	3
		TOTAL	18		TOTAL	17

Year Four	✓	FALL	Hours	✓	SPRING	Hours
		HPNU 4430	3		HPNU 4900	1
		UD HPNU Elective - suggested HPNU 4090	3		UD HPNU Elective - suggested HPNU 4000/5000	3
		UD HPNU Elective - suggested HPNU 3130	3		General Elective - suggested HSCI 4650	3
		General Elective - suggested HSCI 3201	3		General Elective (<i>UD Writing Intensive</i>)	4
		General Elective (<i>Sustainability</i>)	3			
		TOTAL	15		TOTAL	11