# **HUMAN PHYSIOLOGY & NUTRITION B.S.**

University of Colorado Colorado Springs

**Biomedical Science Option** 

## **ACADEMIC ADVISING**

Partnering with students to successfully navigate college

Location: Main Hall 208

Phone: 719.255.3260

Website: Academic Advising

### **Connect With Your Advisor**

**Current UCCS Students** 

• Appointments: <a href="https://www.uccs.edu/advising/current-students">www.uccs.edu/advising/current-students</a>
Prospective Students: <a href="https://www.uccs.edu/admissions/contact">www.uccs.edu/admissions/contact</a>

## **GENERAL ACADEMIC INFORMATION**

#### **Minimum Graduation Requirements**

- 120 credit hours
- 45 upper-division credit hours (3000-4999 level)
- 2.0 CU cumulative GPA
- Residency: 30 credit hours of degree must be completed while registered in the Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences

#### **Student Responsibilities**

Students are required to know and follow:

- All academic policies set forth by the University, College, and academic department in the UCCS Catalog: <u>catalog.uccs.edu</u>
- All course prerequisites designated by the University. Failure to meet course prerequisites may result in an administrative drop of the course from a student's schedule. See degree audit for course prerequisites within the academic major.

## **DEGREE REQUIREMENTS**

Explore Human Physiology and Nutrition: Human Physiology and Nutrition Programs | Helen and Arthur E. Johnson Beth-El (uccs.edu)

	, 0,		Major Requirements	<del></del>		
Н	uman Physiology & Nutrition Major -	Course/Area	Course Title	Credit Hours		
	<b>Biomedical Science Option</b>	HPNU 2050	Nutrition for Health Professionals	3		
	(39 hours)	HPNU 2080	Professions in Health Care	3		
•	Requires a minimum of 39 credit hours of HPNU course work.	HPNU 2100	Statistics & Research Methods			
		HPNU 3050	Human Anatomy w/Lab			
		HPNU 3060	Human Physiology w/Lab			
•	Requires a minimum of 43 credit	HPNU 4080	Pathophysiology for Health Sciences			
	hours of auxiliary course work.	HPNU 4430	Human Metabolism			
		HPNU 4900	Senior Seminar	1		
•	Requires a minimum of 33 credit hours of upper-division (3000+ level) course work.	Upper-Division HPNU Electives	Complete an additional 15 credit hours of upper-division HPNU electives (must carry the HPNU prefix and be listed at the 3000-level or higher).	15		
		Auxiliary Requirements				
	All major courses require a "C-" or better	BIOL 1300/1310	General Biology: Organismic Biology and Lab			
•		BIOL 1350/1360	General Biology: Introduction to the Cell and Lab	4		
		CHEM 1401/1402	General Chemistry I and Lab I	5		
All	upper division courses should be	CHEM 1411/1412	General Chemistry II and Lab II	5		
tak	en after General Biology and General	CHEM 3101/3102	Organic Chemistry I and Lab I	4		
	emistry. FAILURE TO TAKE COURSES IN	CHEM 3111/3112	Organic Chemistry II and Lab II	4		
	RECOMMENDED SEQUENCE WILL	CHEM 4211	Biochemistry	3		
_	OULT IN FUTURE SCHEDULING NFLICTS.	MATH 1330	Calculus for Life Sciences	4		
CONFEICTS.		Physics	Complete either the algebra- or calculus-based Physics sequence below.  Algebra-Based Sequence: PES 1010, PES 1020, PES 1150, PES 2150 or  Calculus-Based Sequence: PES 1110, PES 1120, PES 1160, PES 2160	10		

	General Education and Elective Rec	quirements				
Core Writing Requirement (6 hours)	<ul> <li>ENGL 1310, 1308, or 1305 (Students choosing ENGL 1305 must complete ENGL 1300 f</li> <li>ENGL 1410 or TCID 2090</li> <li>Writing Portfolio – PORT 3000 (0 credits) or PORT 4000 (1 credit) or alternative – See</li> </ul>					
Compass Curriculum	Component	Course				
(9 hours)	Gateway	GPS 1010				
Explore and Navigate courses must be	Explore – Arts, Humanities and Cultures	See Degree Audit				
outside major and area requirements	Explore – Society, Behavior and Health	See Degree Audit				
Writing Intensive, Inclusiveness, and	Explore – Physical and Natural World	CHEM 1401 (included in auxiliary requirements)				
Sustainability courses can count	Navigate	See Degree Audit				
· · · · · · · · · · · · · · · · · · ·	Summit	HPNU 4900 (included in major requirements)				
towards other requirements within degree	Writing Intensive Courses (WIC) Two courses with one upper-division (3000+ level)	See Degree Audit				
	Inclusiveness	See Degree Audit				

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**Biomedical Science Option** 

	Sustainability	See Degree Audit		
General Electives (23 hours)	Complete additional courses to meet total and upper-division requirements for your degree program.			

## **FOUR-YEAR DEGREE PLAN**

Please note that this is an example degree program and your program may vary. Students are responsible for completing all course prerequisites.

	1	FALL	Hours	1	SPRING	Hours
<b>Je</b>		ENGL 1310	3		ENGL 1410 <b>or</b> TCID 2090	3
ō		BIOL 1300/1310	4		BIOL 1350/1360	4
ear		CHEM 1401/1402	5		CHEM 1411/1412	5
Ϋ́e		GPS 1010	3		Explore – Arts, Humanities & Cultures Course	3
		TOTAL	15		TOTAL	15

	1	FALL	Hours	1	SPRING	Hours
0		CHEM 3101/3102	4		CHEM 3111/3112	4
ĕ		HPNU 2050	3		HPNU 2080	3
Ľ		HPNU 3050	4		HPNU 3060	4
eal		MATH 1330	4		Explore-Society, Behavior & Health	3
>					General Elective (Writing Intensive)	3
		TOTAL	15		TOTAL	17

	1	FALL	Hours	1	SPRING	Hours
9		CHEM 4211	3		PES 1020/2150 or PES 1020/2160	5
J.e		PES 1010/1150 or PES 1110/1160	5		Upper Division (UD) HPNU Elective	3
ΙĒ		HPNU 2100	3		UD HPNU Elective	3
ear		HPNU 4080	3		General Elective (Sustainability)	3
۶					General Elective (Navigate)	3
		TOTAL	14		TOTAL	17

	1	FALL	Hours	1	SPRING	Hours
_		HPNU 4430	3		HPNU 4900	1
no		UD HPNU Elective	3		UD HPNU Elective	3
<u>.</u>		General Elective (Upper-Division Writing Intensive)	3		UD HPNU Elective	3
ea		General Elective (Inclusiveness)	3		General Elective	3
>		General Elective	3		General Elective	2
		TOTAL	15		TOTAL	12

The following recommendations are for professional programs within the CU System. Because requirements vary between institutions and from year to year, students need to check the requirements of any specific schools they plan to apply to at least 1 year prior to application. Note the programs listed below are all highly competitive. Additional course work and experience within the field are encouraged to improve the strength of the application.

*Medical School* – All required biological science courses for admission are included in the major. The medical school encourages students to consider additional course work in computer sciences, genetics, humanities, and social sciences.

Physician Assistant Program – Additional required courses for admission include BIOL 3830 Genetics; PSY 1000 General Psychology; PSY 3280 Abnormal Psychology or PSY 3620 Developmental Psychology. The physician assistant program recommends courses in cell biology, immunology, and microbiology.

*Physical Therapy Program* – Two courses in psychology are required. The physical therapy program recommends PSY 3280 Abnormal Psychology and PSY 3620 Developmental Psychology.

Dental School - One additional required course in microbiology, such as BIOL 2030 Microbiology, is required for admission. The dental school encourages students to consider electives in anatomy, cell biology, histology, immunology, physiology, business management/finance, psychology, and communications.

Accelerated Nursing Program – Additional required courses for admission include BIOL 2030/2130 Microbiology (with lab); PSY 1000 General Psychology; PSY 3620 Developmental Psychology.